

Recommended supply list for  
**PAINTING THE PORTRAIT FROM LIFE with Katherine Galbraith, PSS, OPA, AWA, NOAPS**

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### **Oil Paints**

*Recommended brands: Winsor Newton, Utrecht, Rembrandt, M. Graham (no student-grade paints, please)*

- Titanium White
  - Cadmium Yellow Light or Medium
  - Yellow Ochre
  - Cadmium Red Light
  - Alizarin Crimson Permanent
  - Ultramarine Blue
  - Viridian
  - Burnt Sienna
  - Raw Umber
  - Burnt Umber
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### **Mediums**

- Liquin (*preferred*)
  - Alternatively: Safflower Oil, Walnut Oil, or Linseed Oil
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### **Solvent**

- Sunflower Oil or Walnut Oil (*M. Graham's Walnut Oil is recommended for both cleaning brushes and as a medium*)
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### **Other Essentials**

- **Paper Towels:** Viva is preferred.
  - **Apron:** To protect clothing.
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### **Brushes**

*Preferred brands: Bristlon by Silver Brush, Ltd., or Rosemary Brushes*

- Flats: #2, #4, #6
  - Rounds: #1 or #2
  - Filberts: #4
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### **Palette Knives**

- One small knife for painting.
  - One larger knife for cleaning the palette.
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### **Canvas Panels or Stretched Canvas**

- Size: Minimum 14x11 inches.
  - **Canvas types:**
    - Double-primed cotton or linen with oil primer or gesso.
    - If only single-primed is available, apply a coat of Titanium White oil paint and allow it to dry completely before the class.
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### **Additional Tools**

- Small handheld mirror (*useful for assessing proportions and accuracy*).
- Paper, pen, or a tablet for taking notes.